

Temperature	Stabled/Clipped	Stabled/Unclipped	Turned out/Unclipped	Turned out/Clipped
15 degrees and warmer	Zero fill	Nothing	Nothing	Nothing
10 to 15 degrees	Light weight (100g) or zero fill	Nothing or zero fill	Nothing	Nothing or light weight (100g) or zero fill if wet & windy
5 to 10 degrees	Medium weight (250g)	Light weight (150g)	Nothing or light weight (100g)	Light weight (150g) plus neck cover
Zero to 4 degrees	Heavy weight (300g)	Medium weight (200g)	Nothing or light/medium weight (150-250g)	Medium weight (200g) with neck cover
-10 to zero degrees	Heavy weight (300-400g) with neck cover	Medium weight (200-300g) with liner	Light or medium weight (150-300g) with neck cover	Heavy weight (300-400g) with neck cover plus liner
-10 degrees or colder	Heavyweight (300-500g) with neck cover plus liner	Medium or heavy weight (300-400g) with neck cover	Heavy weight (300-500g) plus neck cover	Heavy weight (300-500g) plus liner and/or under blanket and hood